



Clarity4D

Ann Other (B3D) Youth Profile

12/09/2025



the british
psychological society
registered test

Discover - Discuss - Diversify - Develop

Why Clarity 4D?

Life is a journey and if we can work out where we are starting from and where we want to go, it may be helpful when making decisions about the right direction.

The Clarity4D profile is intended to give you a snap shot of you at “base camp” . The colour energies, which are outlined overleaf offer an easy way of understanding how we show up to other people, and how we can adapt our behaviour to meet the needs of different situations and people we meet in life.

Why “4D” ? The 4D is about the 4 dimensions of our development:

1st Dimension: Discover how you see yourself

By answering the questionnaire you have provided a current picture of how you see yourself



2nd Dimension: Discuss how others see you

Other people may see you differently – share your profile with them and talk.



3rd Dimension: Digest the feedback

Having thought about how you see yourself and what others see in you, you can think about getting to know yourself even better by unlocking your potential.



4th Dimension: Direction/Development (giving myself choice)

Development doesn't happen overnight. It takes time and commitment to decide the right direction and then to stick to the direction you have chosen.



Understanding The Background

This Clarity4D profile is compiled from a set of statements that is unique to **Ann Other**.

The idea of personality profiling is not new; it has been around since the Ancient Greeks.

The Link from the Ancient Greeks

Using the idea from the Ancient Greeks of the four elements, Water, Earth, Fire and Air, and the energy that is created by those four elements, the Clarity4D model has been linked to the four psychological types identified by Carl Jung, and our preferred way of behaving. The concept of colour has also been added to help the reader recognise and remember the different types of personality.

INTROVERTED PREFERENCES are represented by Water and Earth – energies that are hidden beneath the surface i.e. sea or soil

EXTRAVERTED PREFERENCES are represented by Fire and Air – energies that are above the surface



(WATER) BLUE energy is shown by people who are introspective and reserved. They like to observe others and think before taking action. They are happy in their own company, and can give an independent, detached analysis, which can sometimes give the impression of aloofness.

(EARTH) GREEN energy is observed in people who are warm and friendly in an understated way. They value close relationships and will be loyal and supportive of their family and friends. They like to create a harmonious atmosphere and prefer consensus to confrontation, which can sometimes make them appear indecisive and laid-back.

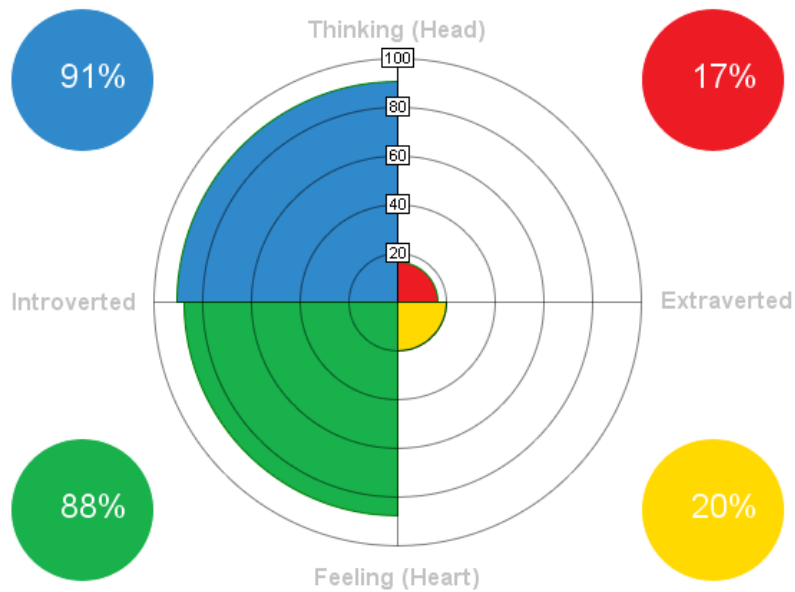
(FIRE) RED energy is demonstrated by people who are highly energetic and action-orientated. They are positive, straight-talking and assertive. They tend to be goal-focussed and enjoy the challenge of achieving quick results. They are pragmatic thinkers who have an objective approach which can sometimes overlook the needs of other people.

(AIR) YELLOW energy is displayed by people who are out-going, sociable and fun-loving. They particularly enjoy the company of other like-minded people and frequently stand out in a crowd, often enjoying being the centre of attention. They are persuasive, charming and can sometimes overwhelm people with their enthusiastic energy.

As individuals we are a mixture of these four elements, but we have a preference for using some of the energies over others, and the Clarity4D profile will identify which these preferences are, and how we can adapt and use the energies to meet the needs of different people and situations in our personal and professional lives. The profile describes someone like you, it doesn't define you. At the end of the profile is an action plan designed for Ann to complete and work on a future personal development plan.

How Do You Show Up?

Conscious-self 'Radial' Graph (B3D)



1D: DISCOVER - self awareness

These pages give an overview of Ann' s personal style and some insight into how she works with people and tasks.

1D: Discover how you see yourself

What's Ann like?

She will work at everything in a focused and organised way. Her liking for being on her own may make others think that she is missing out on life. Her ability to follow detailed plans and methodically write each step compensates for her lack of desire to drive things forward. She enjoys the process of analysing and sorting out a problem and finds the outcome less interesting to her. She is hands-on and realistic and likes to spend time with people like her who are low-key. She remains calm and in control in emergencies.

She should not be afraid to ask why she is doing something and for feedback on how she is doing. She works to very high levels of accuracy, especially in terms of facts and figures and to help her achieve this, she needs a quiet environment. She likes to work in solitude and this is when she is most effective. Ann can detach herself emotionally which allows her to think objectively when she is pushed and helps in her decision making.

Ann is seen by others as being self-sufficient and private. She meets her commitments by getting things done rather than talking about them. She sets very high standards for herself and may feel frustrated if she can't achieve them for any reason. She is proud of her abilities and works hard at self-improvement. She is artistic and likes quality in style and design in all areas of living.

Ann can be seen as a specialist in getting things done. She can be very knowledgeable on matters that are important to her. She is aware and remembers important details and events. Others need to be certain of their facts. She can appear to be critical, suspicious and negative when she is under pressure. She is very independent and is happy to get on with things in her own space. Ann is very steady and reliable because she sticks to the rules and follows procedures.

When making judgements, Ann trusts her five senses rather than relying on imaginative ideas. Because her approach is very technical, she is more interested in why things work, rather than the people involved.



Continued

How does Ann get on with other people?

Ann prefers to work with facts and processes rather than people and is cautious about developing relationships. Putting more of her ideas into practice may help her gain experience and then convince other people of their value. Ann is good at getting information by asking probing questions. She should be careful to consider other people's feelings and should become more open to new ideas. She may prefer to stand back in a social group and observe rather than get involved with what she perceives as "meaningless" chat. She could be held back by her inward and analytical approach, rather than speaking out about what she is really thinking.

Ann evaluates most situations and people. Workmates may find her stand-offish and difficult to please. She likes to analyse things, not control them, and she can come across as being distant and critical. She doesn't like office politics and distrusts empire-building types.

She will avoid situations that may put her in the spotlight. She finds it difficult to communicate her knowledge of facts and figures and to get other people to understand what she is saying.

The best sort of environment or work for Ann is...

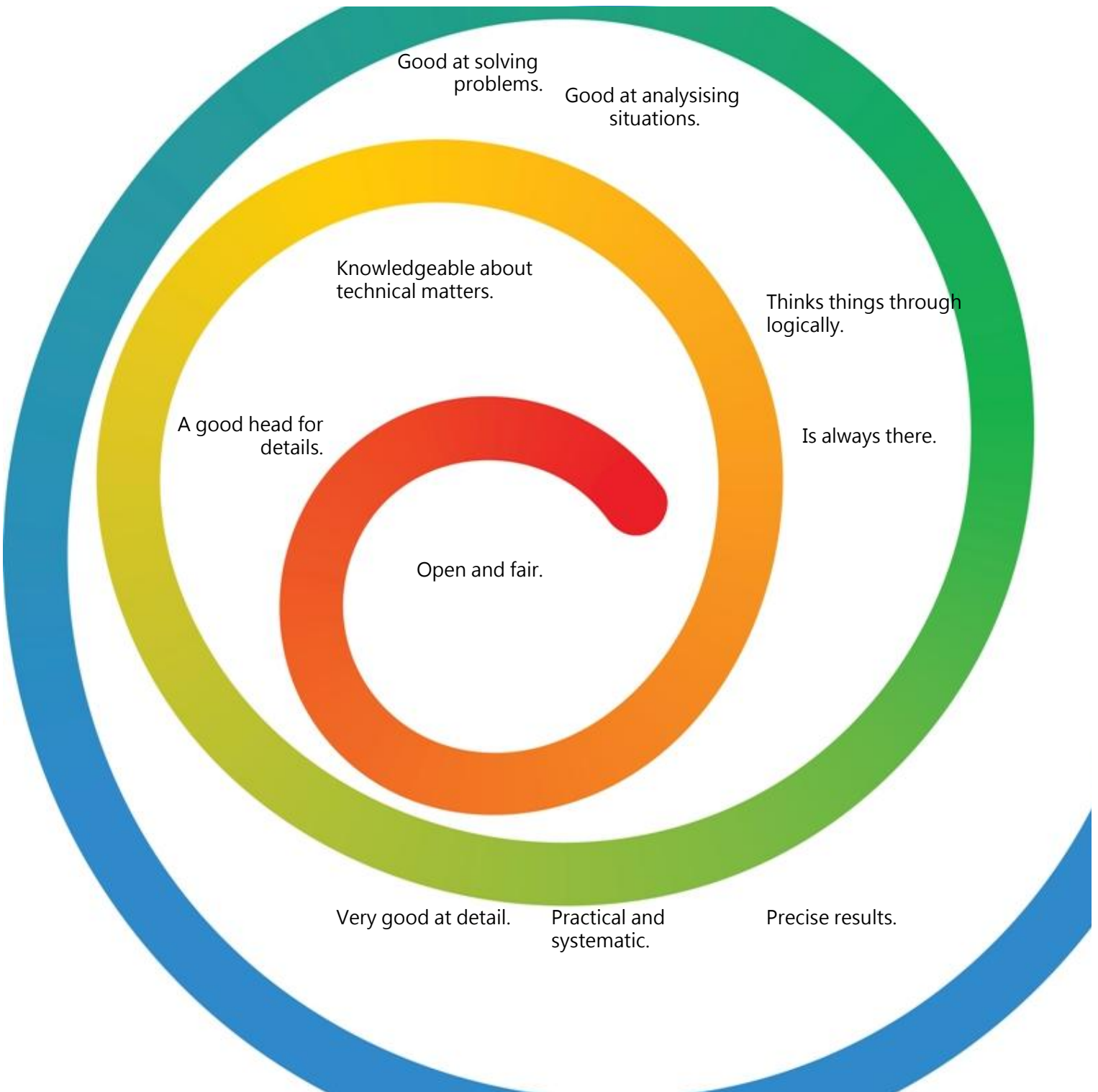
A role that would suit her personality would be one where there is time to plan for the future. A good environment for her to work in would be one that is professional, but without high pressure. She likes to know that her natural gift of working independently is respected and encouraged. She likes working with a team where her liking of accuracy is shared by others. She is skilled at using technology. An organisation that has lots of opportunities for career advancement might suit her.

Ann enjoys working with other like-minded people around her. She needs to be able to have space to store information. She may enjoy a job where her ideas and thoughts are welcomed. She is good at detail and spotting errors and would suit a job where these skills are valued.

She does not like too much competition in a team as she feels this can damage good working relationships. She believes that everyone in a team should be responsible for playing their part. She finds it helpful to have written and agreed objectives. She likes decision making to be impersonal and rational.

Strongest Areas

In no particular order, these are what Ann considers to be her major strengths and intrinsic talents



2D: DISCUSS other's perception of Ann

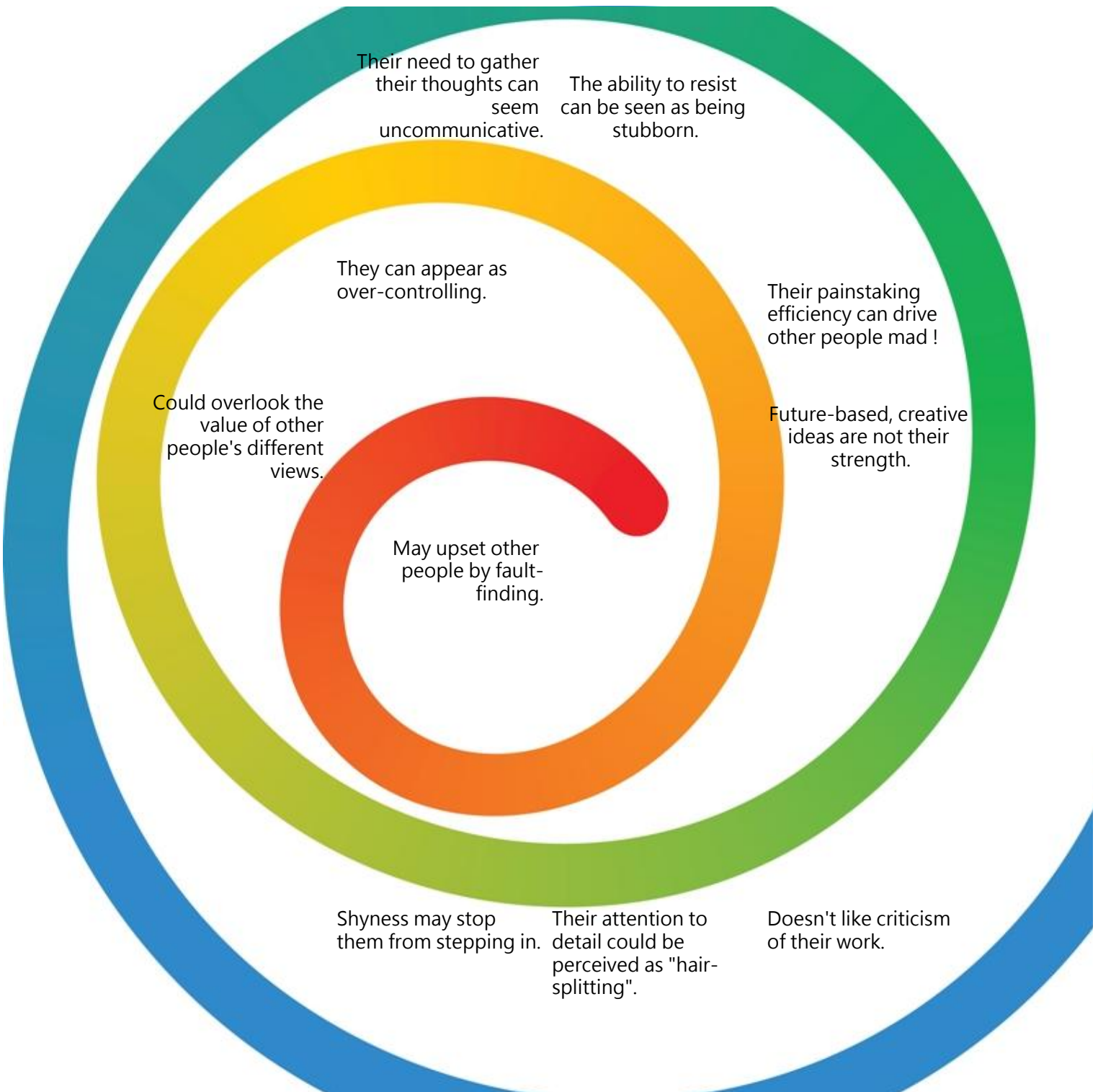
Ann should invite some key people to read the profile and note their feedback

Name	2 statements you agree with	2 statements to say "I'm curious to know about....."	Other feedback points not included in profile	One Thing to Think About (O-T-T-T-A)
Person 1				
Person 2				
Person 3				

What is your One Thing To Think About (OTTTA)?

3D: DIVERSIFY your hidden potential

Ann may consider these as areas for growth



3D: DIVERSIFY - expanding your thoughts

This page helps you to review your thoughts to enable you to self-coach: consider the OTTTA's that others may have given you and the development opportunities from within the profile.

What do you want to achieve?	
Why is that?	
What will it mean to you when you achieve it?	
What is happening at the moment?	
Why do you think this is true?	
Do you have data or is it your opinion?	
What is the one thing you could do right now?	
What other options are there?	
What might a wise person say to you?	
What is stopping you from taking action?	

4D: DEVELOP your full potential over time

As a result of reading your Clarity4D Profile what action steps will you take?

Describe the person you aspire to be:

To achieve this, what will you stop doing?

By When:

What will you start doing?

By When:

What else do you need to consider?

By When:

By When:

This report represents how you completed the questionnaire, and the questions you might like to consider now are:

- a) Who else do I interact with who may benefit from completing a Clarity4D questionnaire?
- b) What other areas would I like to develop?

There are further chapters of Clarity4D profiles available on:

- a) Working in a Team
- b) 2D Profiles on how others perceive you

For more information on the above visit our website www.clarity4d.com.